THE FALLS
TENNIS & ATHLETIC CLUB

TENNIS SCHEDULE 2025

****Participants MUST have a tennis membership and MUST RSVP via TopDog to attend ANY offerings on the tennis/pickleball program schedule****

$ - Clinics require an additional fee

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:00PM-4:30PM **2.5-3.5** MIXED DRILLS **4:30-6:00 PM** **4.0** MIXED DRILLS **6:00PM-7:30PM** Junior Development ELITE 4.0 UTR & Above	**8:30AM-10:00AM** **4.0** LADIES LEAGUE **10:00AM-11:00AM** **3.0-3.5** CARDIOTENNIS **11:00AM-12:00PM** **4.0 & Above** CARDIOTENNIS **11:00AM-1:00PM** PICKLEBALL **1:00PM-2:30PM** **3.0-3.5** Ladies League **4:30PM-5:30PM** Quickstart 1 (Red Ball) Quickstart 2 (Orange Ball) **5:30PM-7:00PM** Junior Development 3 & 4 **7:00PM-8:30PM** **3.0-3.5** MIXED DRILLS **7:00PM-8:30PM** **4.0 & Above** MIXED DRILLS	**8:30AM-10:00AM** **Senior** LADIES PLAYDAY **10:00AM-11:30AM** **3.0-3.5** Ladies PLAYDAY **10:00AM-11:00AM** **2.5** CARDIOTENNIS **4:30PM-5:30PM** Quickstart 3 (Green Ball) Quickstart 2 (Advanced Orange Ball) **5:30PM-7:00PM** Junior Development 1 & 2 **7:00PM-8:30PM** MEN'S NIGHT	**10:00AM-11:00AM** **3.0-3.5** CARDIOTENNIS **11:00AM-12:00PM** **4.0 & Above** CARDIOTENNIS **11:00AM-1:00PM** PICKLEBALL **1:00PM-2:30PM** **2.5** LADIES PLAYDAY **1:00PM-2:30PM** **4.0** LADIES PLAYDAY **4:30PM-5:30PM** Quickstart 1 (Red Ball) Quickstart 2 (Orange Ball) **5:30PM-7:00PM** Junior Development 3 & 4 **7:00PM-8:30PM** Junior Development ELITE 4.0 UTR & Above	**10:00AM-11:00AM** **2.5** CARDIOTENNIS **11:00PM-12:30PM** **4.0** **$** CLINIC **1:00PM-2:30PM** **3.0** LADIES LEAGUE **4:30PM-5:30PM** Quickstart 3 (Green Ball) Quickstart 2 (Advanced Orange Ball) **5:30PM-7:00PM** Junior Development 1 & 2	**10:00AM-11:00AM** **3.0-3.5** CARDIOTENNIS **11:00AM-12:00PM** **4.0 & Above** CARDIOTENNIS **1:00PM-3:00PM** TGIF PICKLEBALL	**8:00AM-9:30AM** **3.5 & Under** MEN'S DRILLS **8:00AM-9:30AM** **4.0 & Above** MEN'S DRILLS **12:30PM-1:30PM** **4.0 & Above** CARDIOTENNIS **12:30PM-1:30PM** **3.5 & Under** CARDIOTENNIS **3:00PM-4:30PM** Junior Development 3&4 **4:00PM-6:00PM** Weekend Warrior PICKLEBALL

*Approximate Ages for Junior Tennis Programs (**FREE** for Executive Unlimited & Junior Tennis Members)*

Red Ball: 4-10 years old Orange Ball: 6-12 years old Green Ball: 8-13 years old

Junior Development (JD) 1.5 UTR: All Ages -- depending on ability

**UNLESS STATED OTHERWISE CLINICS/ PLAYDAYS ARE UNISEX*

IF YOU ARE UNSURE OF YOUR RATING, PLEASE CONTACT ERIC HUNTLEY