THE FALLS
TENNIS & ATHLETIC CLUB

TENNIS SCHEDULE 2021

****Participants MUST have a tennis membership and MUST RSVP via TopDog to attend ANY offerings on the tennis/pickleball program schedule****

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00AM-11:00AM Cardio Tennis 3.0 & Above *3 courts* **11:00AM-1:00PM** Pickleball	**10:00AM-11:30AM** 3.0-3.5 Ladies Playday **10:30AM-11:30AM** 2.5 Cardio Tennis	**9:00AM-10:30AM** 2.5-3.5 Ladies Playday **10:30AM-11:30AM** Cardio Tennis 3.0 & Above	**8:30AM-10:00AM** 4.0-4.5 Ladies Clinic $ **10:30AM-11:30AM** 2.5 Cardio Tennis	**10:00AM-11:00AM** Cardio Tennis 3.0 & Above *3 courts* **11:00AM-12:30PM** 3.0-3.5 Ladies Clinic $	**8:00AM-9:30AM** Men's Clinic 3.0 & Above **12:00PM-1:00PM** Cardio Tennis 3.0 & Above *3 courts*
	1:00PM-2:30PM 3.0-3.5 Playday	**1:00PM-2:30PM** 3.0 / 3.5 Clinic $	**1:00PM-2:30PM** 4.0-4.5 Playday	**1:00PM-2:30PM** 3.5-4.0 Ladies Clinic $	**1:00PM-3:00PM** Pickleball	**1:00PM-2:00PM** Tennis 101 **By Appointment/Demand* 6 weeks long
6:00PM-7:30PM Junior Development Elite 4.0 & Above **7:00PM-9:00PM** Pickleball Open Play/ Pickleball 101	**4:30PM-5:30PM** Quickstart 1 (Red Ball) Quickstart 2 (Orange Ball) **7:00PM-8:30PM** Mixed Up Double Drills *4 Courts*	**4:30PM-5:30PM** Green Ball **5:30PM-6:50PM** Junior Development 1,3 (Blue, Indoors) Junior Development 2,4(Yellow,Outdoors) **7:00PM-8:30PM** Men's Night Playday *4 Courts*	**4:30PM-5:30PM** Quickstart 1 (Red Ball) Quickstart 2 (Orange Ball)	**4:30PM-5:30PM** Green Ball **5:30PM-6:50PM** Junior Development 1,3 (Blue, Outdoors) Junior Development 2,4 (Yellow, Indoors) **7:00PM-8:30PM** Mixed Up Double Drills (3.5 & Under) *2 Courts*		**4:00PM-5:50PM** Junior Development Make-up Day *(Scheduled if needed)* **4:00PM-6:00PM** Pickleball

*Approximate Ages for Junior Tennis Programs (**FREE** for Executive Unlimited & Junior Tennis Members)*

Red Ball: 3-7 years old

Orange Ball: 5-10 years old

Green Ball: 6-13 years old

Junior Development (JD) 1.5 UTR: All Ages -- depending on ability